Community of Practice Call

COVID-19 Emergency Food Service
August 20, 2020

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Center for Ecoliteracy
California Food for California Kids
agenda

- back-to-school innovations
- reopening schools
- policy updates
- menu planning
- grants & resources
- leadership

usda professional standards

1110, 1130, 1140, 3240, 3450, 4130, 4150, 4160

1 hour of professional development
SY 20-21 call schedule

join us...
the first thursday of each month!
9-10 a.m. PDT
back-to-school innovations
Ed Burke, RD
Director of Child Nutrition Services
Santa Rosa City Schools
Michael Jochner
Director of Student Nutrition & Records Retention
Morgan Hill Unified School District
reopening schools
reopening schools: **California**

**August 12th SSPI Broadcast:**

- 97% of CA schools are planning to open with distance learning
- FRPM access a top priority!
- Honing in on special education & supporting children with disabilities
- Push for family engagement to offset issues related to distance learning
- Talking regularly with work groups & physicians
reopening schools: **national trends**

- kids between 5 - 17 now have the highest positivity rate of all age groups
  - testing bias?

- no public tracking for:
  - # of COVID-19 cases in K-12 schools
  - # of students quarantined
  - # of related deaths
  - # of school closures

- learning from increased media coverage on school reopening challenges
  - georgia, texas, mississippi

- likelihood of school outbreaks directly linked to community infections
WHEN TO SAFELY REOPEN?

New Cases per 100,000 people per day

Florida (32.6)
USA (17.8)
California (17.2)
New York (3.3)

As of 8/7/2020
Source: globalepidemics.org
UCSF Collaborative to Advise on Re-opening Education Safely

Session 2: Considerations for Preparing for In-Person Learning during COVID-19

Welcome: Dr. Michael Anderson, President, UCSF Benioff Children’s Hospitals
Speakers: Dr. Sohil Sud, Pediatrician, UCSF; Dr. Emily Frank, Pediatrician and Public School Teacher, UCSF; and Dr. Noemi Spinazzi, Pediatrician and Medical Director, Down Syndrome Clinic, Benioff Children’s Hospital Oakland.
Moderator: Dr. Elizabeth Rogers, Chief Experience Officer, Department of Pediatrics, UCSF Benioff Children’s Hospitals

August 12, 2020
PROTECTION AGAINST CONTACT SPREAD

Contact with Object
1. Home-based screening
2. School-based screening
3. Cohorting
4. Staggered school re-entry
5. Staggered class times
6. Masks
7. Testing
8. Vaccination

Survive on Object
9. Cleaning/disinfecting
10. Being outdoors

Object → Hand
11. Hand hygiene

Hand → Face
12. Avoid touching face
13. Masks
14. Other face coverings

UCSF Benioff Children’s Hospitals
Oakland | San Francisco
PROTECTION AGAINST RESPIRATORY SPREAD

Minimizing Exposure
1. Home-based screening
2. School-based screening
3. **Masks**
4. Cohorting
5. Staggered school re-entry
6. Staggered class times
7. Testing
8. Vaccination

Mitigating Exposure
9. Physical distancing
10. Being outdoors
11. Improving ventilation
12. One-way traffic flow

Physical Obstruction
13. **Masks**
14. Other facial coverings
15. Physical barriers

UCSF Benioff Children’s Hospitals
Oakland | San Francisco
REALITY CHECK: MANAGING FINITE RESOURCES

Focusing on These

Object $\rightarrow$ Hand

Hand $\rightarrow$ Face

11. Hand hygiene
12. Avoid touching face
13. Masks
14. Other face coverings

Can Reduce the Need for This

Survive on Object

9. Cleaning / disinfecting
10. Being outdoors
ENCOURAGING HYGIENE IN SCHOOLS

Focusing on These

- Ample hand sanitizer, soap, and paper towels are needed
- Gel in and out of all communal spaces
- Soap and water if hands visibly dirtied
- Spend time teaching, practicing, and positively reinforcing

11. Hand hygiene
12. Avoid touching face
13. Masks
14. Other face coverings
MASKS

Individual Infected with COVID-19

Exposed individual

Protecting others...

... and protecting yourself

Figure 1. The use of masks and face coverings for source control contrasted with the use of masks for wearer protection.

Source: Royal Society DELVE Initiative (image credit); Gandhi et al JGIM 2020; CDC COVID-19 Pandemic Planning Scenarios
Masks - Types

- Fabric: Acceptable
- Surgical: Acceptable
- N95: Reserve for healthcare settings, including within schools
- Clear: Acceptable; (single use?)
- Valved: Never

As of 8/7/2020
Image Credits: rodanjeans.com; esyms.com; amazon.com; theclearmask.com; ebay.com

UCSF Benioff Children’s Hospitals
Oakland | San Francisco
policy updates
CA budget survey

● CA legislature could **double $112M investment** in school food

● your input needed **by 3pm today** to support advocacy efforts:
  ○ do you have a budget deficit because of COVID-19?
  ○ what would this additional funding mean for your community?
  ○ survey kink: [https://www.surveymonkey.com/r/AdditionalStateFunding](https://www.surveymonkey.com/r/AdditionalStateFunding)

● data provided to key policymakers and media!
menu planning
service models

1. cafeteria meals
2. delivery to classroom
3. grab and go Meals
4. meals for multiple days at one time
5. mobile meals
menu planning considerations

- dining setting
- farm to school
- food ideas
- equipment
- meal types
- nutrition education
- packaging
- point of sale
- offer vs. serve
- temperature
menu planning considerations: grab and go

**food ideas:** "bistro box" style meals with fresh ingredients inside a clamshell or other container. paper boats or bags with pre-wrapped items. students take the unit to go. milk can be taken on the side or not.

**farm to school:** whole produce or freshly-cut, pre-packaged local produce.

**nutrition education:** to-go taste test cups, recipes for families, harvest of the month newsletters for seasonal produce.
menu planning considerations: meals for multiple days at one time

**food ideas:** choose food items that will hold well over multiple days. you may send bulk ingredients such as slices of bread, heads of broccoli, carton of strawberries, half gallons of milk, etc.

**farm to school:** offer bulk fruits and vegetables from local farms in the food box or bag.

**nutrition education:** recipe resources, including videos and recipe cards, for utilizing foods in bulk.
meal service options:  daily pick-up

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<thead>
<tr>
<th>pros</th>
<th>cons</th>
<th>considerations</th>
</tr>
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<tbody>
<tr>
<td>daily hot meals</td>
<td>risk of lower participation #’s</td>
<td>check that service times don’t conflict with online learning</td>
</tr>
<tr>
<td>scratch cooking</td>
<td>parents + staff exposed daily</td>
<td>coordinate with local districts about service times</td>
</tr>
<tr>
<td>meals are ready to eat for children</td>
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**meal service options:** weekly pick-up

<table>
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<th>pros</th>
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<th>considerations</th>
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<tbody>
<tr>
<td>● likely increase in participation #’s</td>
<td>● fewer hot meals handed out</td>
<td>● longer pickup time frame?</td>
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<tr>
<td>● parents + staff exposed less frequently</td>
<td>● more reliance on prepared/packaged foods in lieu of scratch cooking</td>
<td>● two pickup times per day (early am/evening)?</td>
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<tr>
<td>● able to send home produce, milk, and other items in bulk</td>
<td></td>
<td>● options for families who cannot heat, refrigerate, or chop food</td>
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grants & resources
CalRecylce reuse grant

$300,000 - $500,000 awards

- California only
- 3 year grant cycle
- replacement of single-use containers, food service ware, or packaging with reusable items

application process:

1. questions about the grant must be submitted by today
2. grant deadline: september 24, 2020
3. grants award: december 2020
4. application [webpage](#)
grants

learn about ag

$100 monthly gift card

- Raley’s, Bel Air and Nob Hill or Stater Bros
- CA produce
- teachers are eligible to apply

application process:

1. grant deadline: august 23, 2020
2. grants award: september
3. application webpage
resources

- **FRAC** | [Expanding Access to Afterschool Meals and Snacks during COVID](#)  
  - Aug. 20, 10 a.m. PDT

- **FoodCorps** | [Virtual Town Hall on School Meals During COVID-19 and Beyond](#)  
  - Aug. 25th, 10 a.m. PDT

- **Lifelab/School Garden Network** | [Garden Educator Distance Teaching and Learning Virtual Gathering](#)  
  - Aug. 26th, 11 a.m. PDT
  - [Even more from school garden network webinars](#)
LunchAssist back-to-school checklist
leadership
compassion and communication

1. take time to check in with yourself
2. hold space for people to connect with each other
3. communicate and appreciate
4. have compassion for yourself and others
discussion