School Food Innovator Series
Putting School Meals for All into Practice
September 21, 2022

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School Food Innovator Series
Putting School Meals for All into Practice

September 21, 2022

Ksenia Glenn
Director of Nutrition Services
Upland School District

Nancy Rostomily
Director of Nutrition Services
Lodi Unified School District

Jen McNeil
Co-founder
Lunch Assist

CENTER FOR ECOLITERACY
CALIFORNIA FOOD FOR CALIFORNIA KIDS
LunchAssist
CALIFORNIA FOOD
FOR CALIFORNIA KIDS®

California Food for California Kids is an initiative of the Center for Ecoliteracy
Agenda

- Welcome and Acknowledgements
- Policy Update
- Guest Speakers
- Tips on Managing School Meals for All Operations with LunchAssist
- Success with School Meals for All
- Breakout Sessions
- Presenter Q+A, Group Discussion
- Resources
National Hispanic Heritage Month
October: National Farm to School Month
Policy Update
“Students can’t learn on an empty stomach. If you don’t continue universal feeding, you will not only have economic devastation, but you will hurt the farmers, ranchers, and the schools that depend on them. It will have a snowball effect.”

– Dominic Machi, Mt. Diablo Unified
HUMAN SERVICES: 1 p.m., Tuesday, November 17th, 2020
What to Know About California’s Free School Lunch Program

California recently became the first state to offer free breakfast and lunch to all schoolchildren.

Erin Primer, director of food services for the San Luis Coastal Unified School District, recalled a single mother who made $50,000 a year calling her, pleading to join the program.

“I was like, ‘I’m so sorry, but you don’t qualify,’ and I remember her crying,” Primer told me.
California’s 2022 Investments

- $650 M - School Meals for All
- $611.8 M - Augmented Reimbursement Rates
- $600 M - Kitchen Infrastructure and Training
- $100 M - School Food Procurement Practices
- $60 M - Farm to School Grant Funding
- $45 M - Healthy School Meals Pathway (Workforce Development)
- $2.4 M - Research and Evaluation
Guest Speakers
Strategies for Inclusion with Nutrition Services and District Administration

Ksenia Glenn
Director of Nutrition Services
Upland Unified School District
 Presented By:
Ksenia Glenn, RD
Director of Nutrition Services

UPLAND USD
San Bernardino County
10,000 students - 56% FR - K-12
Our topics today

01. Trust & Connect
02. Stay Visible
03. Include & Celebrate
Meet with Principals
Every time you visit a school, pop in and say "Hello"
Every year schedule at least 2 check ins. Introduce new staff.

Trust
Let your leaders lead. Re-route requests to your team, let your leaders solve problems & present united front. Coach if necessary and have them speak directly with the principal, parent, teacher.

Connect
Promote & leverage the talents of individuals on your team
Do your kitchen leads feel included in the school culture?
Spend time and find out.
Ask Principal to include your team in relevant staff meetings
Ask if your connection superstars can inspire others
Meet Lisa
Cabrillo Elementary Lead

Lisa Stewart is a connection superstar. She is a lunch flow expert and well respected within her school community. Lisa solves challenges directly with her teachers and helped her Principal design the bell schedule to make sure all the students had enough time to eat. Lisa is also a former PTA mom and is currently assisting her admin team to build a successful parent group. At our next Nutrition Services team meeting, Lisa will be speaking on how to build connections within the school community. For these stories and more, let's hear from Lisa Stewart.
2. Stay Visible

- Volunteer to Present at Board Meetings and leadership events
- Get involved in LCAP & Unduplicated Pupil Count Task Force
- Get to know your districts LCAP goals. How does your project fit into those goals?
3. Include & Celebrate

Serve
Bring awesome events to your school community (farmers, cows, smoothie taste test)
Harvest of the Month
Field trips (grant funded)

Celebrate
October is Filipino month,
Special treats on NSLW
Work with a local farm.
Get the word out to the community
Celebrate & Highlight team

School Lunch Hero Day
Involve the whole school community, community about this special day several time before the date, involve communications team, Principal, Superintendent.
Thank You

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ksenia_glenn@upland.k12.ca.us
Feeding the Future with Local Foods

Nancy Rostomily
Director of Nutrition Services
Lodi Unified School District
Feeding the Future with Local Foods
Lodi Unified Nutrition Services

• Serve ~32,000 meals per day
• Served 5.5 million meals last year
• Average - 69% F/R
• CEP district wide
• 50 district schools (350 sq miles)
  • 38 independent full cooking kitchens
  • Central Kitchen
    • services sites with no facilities
    • vend to 24 contract sites ~200 employees + 30 subs
• Lodi feeds year round
  • SSO-
  • Extended year – ESY & ELOP

Daily
Breakfast
Lunch
Snack
Supper
FFVP - 17 sites

• ~29,000 enrollment
• Budget - $20 million
HIGHLIGHTS – SY 2022-23

ALL SCHOOLS WILL BE CEP

COMMUNITY ELIGIBILITY PROVISION (CEP)
ALL 50 Schools

Breakfast & Lunch FREE for ALL students

NO MEAL APPLICATIONS NEEDED TO QUALIFY

FRESH FRUIT & VEGETABLE PROGRAM GRANT (FFVP)

Beckman
Clairmont
Needham
Creekside
Davis
Heritage
Houston
Lawrence
Nichols
Live Oak
Oakwood
Parklane
Sutherland
Victor
Wagner-Holt
Washington
Westwood

17 Schools Awarded
Re-Introduce our Program

• Communicating what we are doing
  • What meals we serve & how we serve them
    • With current regulations – on site only
    • With current situation – staffing, supply shortages, possible closures, substitutions

• Convey the information
  • Targeting students, parents, site admin

• Using print & social media
What’s New

INSTAGRAM
This platform allows us to showcase what our department creates and connect with our surrounding community.
@LodiUSD_NutritionServices

WEBSITE
We have updated our website! Find current tools, information, and forms in an easy, accessible way.
Using Videos
Banners & Sidewalk Signs

Using QR codes so anyone can scan and go
Highlighting the ‘Fresh’

At Breakfast
Highlighting the ‘Fresh’ at Breakfast
Promoting our Plant Forward Items
Highlighting the ‘Fresh’ At Lunch
Engage the Staff

Train

Introduce the Farmer

Have Fun!

They want to be proud of what they serve

Taste
Questions?

Nancy Rostomily
Director Nutrition Services
Lodi USD
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@lodiusd_nutritionservices

http://foodservice.lodiusd.net
Tips on Managing School Meals for All Operations

Jen McNeil, RDN, SNS
Co-Founder of LunchAssist
LunchAssist PRO
Over 700 resources, templates, tools, & trainings - all in one place.

District-wide Training
Professional Standards tracking, small group training, and Spanish lessons.

AR Boot Camp
Cheat sheets, checklists, & self-guided modules to ace your Admin Review.

One-on-One Consulting
VIP school nutrition support for a select number of districts in California.
# Reimbursement Rates

<table>
<thead>
<tr>
<th>School Breakfast Program (SBP)</th>
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<tbody>
<tr>
<td>Basic</td>
<td>Severe Need</td>
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<tr>
<td>$3.155</td>
<td>$3.565</td>
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<table>
<thead>
<tr>
<th>National School Lunch Program (NSLP)</th>
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<tbody>
<tr>
<td>&lt;60% FRPM</td>
<td>&gt;60% FRPM</td>
</tr>
<tr>
<td>$5.305</td>
<td>$5.325</td>
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</tbody>
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School Meals for All

Meal participation

Money for school meal programs

Access to nutrition

Challenges
Challenges

The struggle is real

→ Staffing Shortages
→ Supply Chain Issues
→ Price Increases
→ Special Diets
→ Facility Limitations
Important Deadlines

ASAP
- CNIPS Application Packet
- SY 22-23 Waivers

Sep. 30
- CEP Application
- Permanent Single Agreement

Oct. 31
- Meal Apps/Alt. Income Forms (for LCFF Purposes)

Nov. 2
- Final DC Extract for LCFF
Traditional
- Process Meal Applications & DC
- Meal Counts by Eligibility

CEP
- Submit CEP application
- Complete validation review
- Bulk Meal Counts (tally/clicker)

P2 Base Year
- Process Meal Applications & DC
- Complete Base Year Review
- Meal Counts by Eligibility

P2 Non-base Year
- Bulk Meal Counts (tally/clicker)
Outreach
- Messaging to the Community
- Support from District

Income Forms
- Collect Meal Applications or Alternative Income Forms

Direct Certification
- CALPADS Matching Jul.-Nov.
- County Lists
- Extended Eligibility
Supplemental Funding

Opt-in:
- Round 2 KIT
- Round 2 Supply Chain

Spend:
- Round 1 KIT by 6/30/23
- Round 1 Supply Chain
Success with School Meals for All
SUCCESS WITH SCHOOL MEALS FOR ALL

A guide for school district administrators on navigating successful implementation of the new School Meals for All policy.

Making the Case:
For Healthy, Freshly Prepared School Meals

- **Success with School Meals for All: Guide for School District Administrators**

- **Making the Case: For Healthy, Freshly Prepared School Meals**

School Meals for All, or universal school meals, means that every K–12 student in California’s public schools is now offered free breakfast and lunch at school, permanently. On this page, we’re sharing the most important things to know about this new policy and how you can support your students, school nutrition department, and school district:

What are the Key Benefits of School Meals for All?

1. **Improved nutrition:** students who consume school meals are healthier
2. **Better academic performance:** healthy school meals prepare students to learn
3. **Reduced absenteeism:** providing school meals reduces absenteeism and tardiness
Breakout Sessions
Breakout Session Questions

1. What strategies are you using to speed up the lunch line or provide students with additional time to eat?

2. What has been successful in communicating School Meals for All with families and other stakeholders?

3. How will you use the KIT and training funds to enhance your freshly prepared meals?
Presenter Q+A
Group Discussion
Resources

- CEL: Join the California Food for California Kids Network!
- CEL: Fresh from California Menu Planning Support Sessions
- CEL: School Food Innovator Series #2
  Wednesday, November 30, 2022 @ 1:30 p.m. PT
- CDFA Farm to School Network: Community of Practice #5
  Thursday, November 17, 2022 @ 1:30 p.m. PT
- CDFA: Planting the Seed: Farm to School Roadmap for Success
- Chef Ann Foundation: Get Schools Cooking Program Application
  | Deadline: September 30, 2022
Thank you!

@centerforecoliteracy  @Ecoliteracy  @center_for_ecoliteracy